

MEDICATIONS TO DISCONTINUE PRIOR TO SURGERY

IT IS VERY IMPORTANT TO CONSULT WITH THE PRESCRIBING PROVIDER PRIOR TO DISCONTINUING ANY PRESCRIBED MEDICATION.

PLEASE NOTE: THIS IS A LIST OF THE **MOST COMMON** MEDICATIONS THAT AFFECT BLEEDING. IF YOUR MEDICATION IS NOT LISTED BUT FALLS INTO ONE OF THE CATEGORIES PLEASE DISCONTINUE. PLEASE REVIEW **ALL** MEDICATIONS YOU ARE TAKING, INCLUDING OVER THE COUNTER MEDICATIONS WITH YOUR PRESCRIBING PROVIDER AND FAMILY PHYSICIAN.

The following medication affects the blood clotting process and should be discontinued **FIVE DAYS prior to** your surgery. Failing to do so may increase the risk of complications related to bleeding. You may restart 24hrs following the procedure, unless otherwise directed by your Primary Care Physician or Specialist.

- ☐ Coumadin (Warfarin)

The following medication affects the blood clotting process and should be discontinued **THREE DAYS prior to** your surgery. Failing to do so may increase the risk of complications related to bleeding. You may restart 24hrs following the procedure, unless otherwise directed by your Primary Care Physician or Specialist.

- ☐ Plavix (Clopidogrel)

The following medications affect the blood clotting process and should be discontinued **the day before** your surgery. Failing to do so may increase the risk of complications related to bleeding. You may restart 24hrs following the procedure, unless otherwise directed by your Primary Care Physician or Specialist.

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|--------------------------------------|-------------------------------------|-------------------------------------|----------------------------------|----------------------------------|
| <input type="checkbox"/> Apixaban | <input type="checkbox"/> Brilinta | <input type="checkbox"/> Dabigatran | <input type="checkbox"/> Eliquis | <input type="checkbox"/> Pradaxa |
| <input type="checkbox"/> Rivaroxaban | <input type="checkbox"/> Ticagrelor | <input type="checkbox"/> Xarelto | | |

Herbal Medications

- Stop all herbal medications **one week** prior to surgery. These supplements may interact with clotting, healing, and anesthesia.
- Including but not limited to:

<input type="checkbox"/> Echinacea	<input type="checkbox"/> Ephedra	<input type="checkbox"/> Garlic	<input type="checkbox"/> Ginseng	<input type="checkbox"/> Fish Oil
<input type="checkbox"/> Ginkgo	<input type="checkbox"/> Kava	<input type="checkbox"/> St. John's Wort	<input type="checkbox"/> Valerian	<input type="checkbox"/> Omega 3

Disease-Modifying Antirheumatic Drugs (DMARDs)

- Stop all DMARDs **1-2 weeks** prior to surgery and resume **1-2 weeks** after surgery unless otherwise indicated by your Rheumatologist or Primary Care Physician. This will reduce the risk of infection at the surgical site.
- This includes:

<input type="checkbox"/> Adalimumab	<input type="checkbox"/> Actemra	<input type="checkbox"/> Anakinra	<input type="checkbox"/> Arava
<input type="checkbox"/> Azasan	<input type="checkbox"/> Azathioprine	<input type="checkbox"/> Azulifidine	<input type="checkbox"/> Certolizumab Pegol
<input type="checkbox"/> Cimzia	<input type="checkbox"/> Cuprimine	<input type="checkbox"/> Cyclophosphamide	<input type="checkbox"/> Cyclosporine Mod.
<input type="checkbox"/> Cytotaxan	<input type="checkbox"/> Enbrel	<input type="checkbox"/> Etanercept	<input type="checkbox"/> Gengraf
<input type="checkbox"/> Golimumab	<input type="checkbox"/> Humira	<input type="checkbox"/> Hydroxychloroquine	<input type="checkbox"/> Imuran
<input type="checkbox"/> Infliximab	<input type="checkbox"/> Kineret	<input type="checkbox"/> Leflunomide	<input type="checkbox"/> Methotrexate
<input type="checkbox"/> Myochrysine	<input type="checkbox"/> Neoral	<input type="checkbox"/> Orencia	<input type="checkbox"/> Penicillamine
<input type="checkbox"/> Plaquenil	<input type="checkbox"/> Remicade	<input type="checkbox"/> Rheumatrex Dose Pack	<input type="checkbox"/> Ridaura
<input type="checkbox"/> Simponi	<input type="checkbox"/> Sulfasalazine	<input type="checkbox"/> Tocilizumab	<input type="checkbox"/> Trexall

FOR SPINAL FUSION PATIENTS ONLY:

Non-Steroidal Anti-Inflammatory Medications (NSAIDS)

- NSAIDS may delay bone healing in spinal fusions, thus is it recommended to discontinue this medication for approximately 12 weeks.

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|--|---------------------------------------|--|---|--|--|
| <input type="checkbox"/> Advil | <input type="checkbox"/> Aleve | <input type="checkbox"/> Algix | <input type="checkbox"/> Anaprox | <input type="checkbox"/> Ansaid | <input type="checkbox"/> Arthrotec |
| <input type="checkbox"/> Aspirin | <input type="checkbox"/> Bextra | <input type="checkbox"/> Brufen | <input type="checkbox"/> Caldolor | <input type="checkbox"/> Cambia | <input type="checkbox"/> Cataflam |
| <input type="checkbox"/> Celecoxib | <input type="checkbox"/> Celebrex | <input type="checkbox"/> Ceoxx | <input type="checkbox"/> Clinoril | <input type="checkbox"/> Clotam Rapid | <input type="checkbox"/> Combunox |
| <input type="checkbox"/> Daypro | <input type="checkbox"/> Dayrun | <input type="checkbox"/> Dexdetoprofen | <input type="checkbox"/> Diclofenac | <input type="checkbox"/> Diflunisal | <input type="checkbox"/> Disalcid |
| <input type="checkbox"/> Dolobid | <input type="checkbox"/> Duexis | <input type="checkbox"/> Duraprox | <input type="checkbox"/> Dynastat | <input type="checkbox"/> Equioxx | <input type="checkbox"/> Etodolac |
| <input type="checkbox"/> Etoricoxib | <input type="checkbox"/> Excedrin | <input type="checkbox"/> Feldene | <input type="checkbox"/> Fenoprofen | <input type="checkbox"/> Fenopron | <input type="checkbox"/> Firocoxib |
| <input type="checkbox"/> Flector | <input type="checkbox"/> Flurbiprofen | <input type="checkbox"/> Flurwood | <input type="checkbox"/> Froben | <input type="checkbox"/> Ibuprofen | <input type="checkbox"/> Indocin |
| <input type="checkbox"/> Indomethacin | <input type="checkbox"/> Indo-Lemmon | <input type="checkbox"/> Ketoprofen | <input type="checkbox"/> Ketorolac | <input type="checkbox"/> Lodine | <input type="checkbox"/> Lornoxicam |
| <input type="checkbox"/> Loxomac | <input type="checkbox"/> Loxonin | <input type="checkbox"/> Loxoprofen | <input type="checkbox"/> Lumiracoxib | <input type="checkbox"/> Meclofenamate | <input type="checkbox"/> Meclomen |
| <input type="checkbox"/> Medipren | <input type="checkbox"/> Melox | <input type="checkbox"/> Meloxicam | <input type="checkbox"/> Mefenamic Acid | <input type="checkbox"/> Mesulid | <input type="checkbox"/> Midol Extended Relief |
| <input type="checkbox"/> Midol Liquid Gels | <input type="checkbox"/> Mobic | <input type="checkbox"/> Mobiflex | <input type="checkbox"/> Mono-Gesic | <input type="checkbox"/> Motrin | <input type="checkbox"/> Movalis |
| <input type="checkbox"/> Nabumetone | <input type="checkbox"/> Nalfon | <input type="checkbox"/> Naprelan | <input type="checkbox"/> Naprosyn | <input type="checkbox"/> Naproxen | <input type="checkbox"/> Nimalox |
| <input type="checkbox"/> Nimesulide | <input type="checkbox"/> Nuprin | <input type="checkbox"/> Nurofen | <input type="checkbox"/> Oruvail | <input type="checkbox"/> Oxaprozin | <input type="checkbox"/> Oxeno |
| <input type="checkbox"/> Pamprin All Day | <input type="checkbox"/> Parecoxib | <input type="checkbox"/> Pennsaid | <input type="checkbox"/> Piroxicam | <input type="checkbox"/> Ponstel | <input type="checkbox"/> Previcox |
| <input type="checkbox"/> Prexige | <input type="checkbox"/> Recoxa | <input type="checkbox"/> Relafen | <input type="checkbox"/> Rofecoxib | <input type="checkbox"/> Salflex | <input type="checkbox"/> Salsalate |
| <input type="checkbox"/> Salsitab | <input type="checkbox"/> Sprix | <input type="checkbox"/> Sulide | <input type="checkbox"/> Sulindac | <input type="checkbox"/> Tab-Profen | <input type="checkbox"/> Tenoxicam |
| <input type="checkbox"/> Tolfenamic Acid | <input type="checkbox"/> Tolmetin | <input type="checkbox"/> Toradol | <input type="checkbox"/> Treximet | <input type="checkbox"/> Tufnil | <input type="checkbox"/> Urbifen |
| <input type="checkbox"/> Valdecoxib | <input type="checkbox"/> Vicoprofen | <input type="checkbox"/> Vimovo | <input type="checkbox"/> Vioxx | <input type="checkbox"/> Voltaren | <input type="checkbox"/> Xefo |
| <input type="checkbox"/> Zipsor | | | | | |

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IF YOU HAVE ANY QUESTIONS, PLEASE FEEL FREE TO CONTACT OUR OFFICE AT (302)366-7671 OR VISIT OUR WEBSITE AT **WWW.DENEUROSURGERY.COM.**